



December 2013

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC.**

Welcome to a new feature—THE DIRECTOR'S CORNER

I am excited to share information with you monthly that might enhance your school safety efforts. The first item I would like to tell you about is a Federal bill that is under consideration in Washington (H.R. 3158, an amendment to the Homeland Security Act of 2002).

It will require any schools receiving U.S. Department of Homeland Security funds to have the following provisions specified in their emergency response plans: evacuation relocation; family-child reunification; children with special needs; and addressing multiple disasters.

Although we have no way of knowing if this bill will pass or if any of you will secure Homeland Security funds in your jurisdiction, it may be an indication of Federal guidelines for any grants in the future. I know many of you already do make provisions for these items and you may want to be sure they are specified in your plans. Please call me if you have any questions. Best, Chris Harms (303.239.4534)

CURRENT EVENTS AND ANNOUNCEMENTS

- ❖ **NEW Lakewood's Bear Creek High School Teacher, Jose Martinez III, upon Winning the Milken National Educator Award—Congratulations Mr. Martinez!**
 - The [Milken National Educator Award](#) is designed to recognize the exceptional work of an educator as a model for the state and nation, and to retain and motivate outstanding talent in the teaching profession.
 - [Click here to read more about Mr. Martinez's award notification...](#)
- ❖ **NEW Colorado Springs' Timberview Middle School Assistant Principal Tom Andrew Named Colorado 2013-14 Assistant Principal of the Year—Congratulations Mr. Andrew!**
 - [Colorado Association of School Executives \(CASE\)](#)
 - Mr. Andrew is being recognized as the 2013-14 Assistant Principal of the Year for his educational leadership and for his commitment to creating an inclusive culture of excellence in his school.

❖ **NEW Colorado 9 to 25 Leadership Team Applications**

- Sponsored by [Colorado 9 to 25](#), a collective, action-oriented group of Colorado youth and adults working in partnership to align efforts and achieve positive outcomes for all youth, ages 9-25, so they can reach their full potential.
- **Applications are due Monday, December 16, 2013**
- [Click here to download the Leadership Team Application...](#)
- [Click here to read the CO9to25 Team Charter...](#)

❖ **NEW Young Playwrights for Change—The Anti-Bully Project for Middle School Students**

- Sponsored by [Kaiser Permanente](#)
- The mission of Young Playwrights for Change is to produce meaningful discussions about the topic of bullying to provoke change in our schools. Our goal is to spark conversations throughout our classrooms, schools and communities about bullying and how to stop it.
- **Submissions are due January 18, 2014**
- [Click here for the informational flyer...](#)
- [Click here to download the contest packet...](#)

❖ **NEW National Drug Facts Week is January 27 – February 2, 2014**

- Sponsored by the [National Institutes of Health](#), [National Institute on Drug Abuse](#)
- National Drug Facts Week (NDFW) is a health observance week for teens that aims to shatter the myths about drugs and drug abuse. Through community-based events and activities on the Web, on TV, and through contests, NIDA is working to encourage teens to get factual answers from scientific experts about drugs and drug abuse.
- [Click here for more information...](#)
- [Click here for to download the NDFW Info Sheet...](#)

❖ **NEW The First-EVER White House Student Film Festival**

- The first-ever White House Student Film Festival: a video contest created just for K-12 students, and whose finalists will have their short films shown at the White House. Finalist videos may also be featured on the White House website, YouTube channel, and social media pages.
- Videos should highlight the power of technology in schools and should address at least one of the following themes: how you currently use technology in your classroom or school or the role technology will play in education in the future.
- Submissions for the White House film festival will be accepted until **January 29, 2014**.
- [Click here to for more information and to submit your film...](#) Good luck!

❖ **NEW Free Flu Vaccinations for Individuals with a Brain Injury**

- The [Brain Injury Alliance of Colorado \(BIAC\)](#) is partnering with [Craig Hospital](#) in their efforts to increase flu vaccination rates among individuals with a brain injury. If an individual's insurance does not cover a flu shot, or if they do not have insurance, Craig Hospital will cover the cost!
- Contact Liz Gerdeman at 303-355-9969 to obtain a coupon that will allow the individual to receive the flu vaccine at their local [Walgreens Pharmacy](#).

❖ **You Can Play, Colorado! Video Contest**

- The [Colorado High School Activities Association](#) (CHSAA) and the [You Can Play Project](#) are teaming up to present voices from all over Colorado as they talk about teamwork, respect and inclusion.
- Teams, clubs, student organizations and entire schools are invited to submit videos talking about their teams, towns and why they welcome everyone based on heart, talent and skill without excluding students because of their race, religions, sexual orientation or gender identity, or other factors.

- **Video submissions are due by February 15, 2014, at 11:59pm.**
- This initiative is supported by a number of statewide organizations including the Colorado School Safety Resource Center.
- [Click here for more information about the video contest...](#)

❖ **National Missing Children's Day Poster Contest**

- Created by the [Office of Juvenile Justice and Delinquency Prevention \(OJJDP\)](#), [Missing and Exploited Children's Program](#)
- The annual contest creates an opportunity for schools, law enforcement, and other child advocates to discuss the issue of missing and/or exploited children with children, parents, and guardians and to promote child safety. The competition is open to students in 5th grade only.
- **Submissions are due by January 31, 2014.**
- [Click here for information on the contest...](#)

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAININGS

❖ **NEW Positive School Climate: Bullying Prevention Institute**

- **Wednesday, February 12, 2014, 8:00 – 3:30—Embassy Suites, Loveland**
- **Thursday, February 13, 2014, 8:00 – 3:30—DoubleTree Hotel, Colorado Springs**
- Sponsored by the Colorado School Safety Resource Center, Colorado Legacy Foundation and the Colorado Department of Education with support from the Anti-Defamation League, One Colorado, Facing History and Ourselves and a generous grant from the Gill Foundation
- **Featuring Special Guest Speaker:** Dorothy Espelage, Ph.D., University of Illinois, Urbana-Champaign
- **Designed for:** administrators, teachers, PBIS teams, school safety teams, school mental health professionals and school safety teams including SRO's
- **No charge for Colorado participants.** Space is limited and pre-registration is required.
- **Pre-registration is required; see instructions:** Please go to www.CO.train.org. Join by setting up a learner account and then registering for the symposium location and date using course ID number: 1045326. You will need **Internet Explorer** (Firefox is not compatible) to register through the CO.Train System. If you have questions or need assistance with registration, please contact the Colorado School Safety Resource Center at 303-239-4435.
- [Positive School Climate: Bullying Prevention Institute Loveland/Colorado Springs](#) training flyer...

CSSRC MOST RECENT ONLINE COURSE OFFERINGS

❖ **Basic Mental Health Awareness for Educators**

- Click here for more information on [Basic Mental Health Awareness for Educators](#).

❖ **School Security Personnel: Emergency Management**

- Click here and scroll down for more information on [School Security Personnel: Emergency Management](#).

❖ **School Security Personnel: Interpersonal Communications**

- Click here and scroll down for more information on [School Security Personnel: Interpersonal Communications](#).

❖ **CSSRC Most Recent Livestream Keynotes Archived**

- Keynotes by:

- Russell Copelan, MD, “Youth Nonideation Suicidality” from the Youth Suicide Prevention & Intervention Symposium on October 22, 2013
- Paula Riggs, MD, “What Does Research Tell Us About Prevention and Treatment of Adolescent Substance Abuse and Mental Health Problems?” from the Youth Substance Abuse Symposium on November 14, 2013
- [Click here to see Livestreams of previous keynote addresses...](#)

WEBINARS & OTHER ONLINE LEARNING COURSES

- ❖ **NEW** **Creating Community Solutions: How to Connect to the National Discussion on Mental Health**
 - **December 3, 2013, 10:30am – noon MT**
 - Sponsored by the [Office of Juvenile Justice and Delinquency Prevention \(OJJDP\)](#) in collaboration with the [Substance Abuse and Mental Health Services Administration](#)
 - Panelists will identify ways to bring together the mental health and juvenile justice systems to address youth needs using the Creating Community Solutions approach and highlighting how to build on existing community engagement activities to improve local partnerships.
 - [Click here to learn more about and register for this free webinar...](#)
- ❖ **Enhancing Multidisciplinary Responses to Polyvictimization**
 - **December 12, 2013, 10:00am – 1:00pm MT, Polyvictimization Webinar for First Responders**
 - Sponsored by the Complex Trauma Treatment Network of the [National Child Traumatic Stress Network](#)
 - [Click here for more information and to register...](#)
- ❖ **Sensible Steps to Healthier School Environments**
 - **December 17, 2013, 3:00pm ET, Renovate Right: EPA’s Renovation, Repair and Painting (RRP) Program at Schools**
 - In today’s challenging financial climate, the ability to identify and take simple, affordable steps to protect the health of students and staff in our schools has never been more important. This webinar series, hosted by the U.S. Environmental Protection Agency, will outline sensible, low- or no-cost steps that school communities can take to create healthier environments in their buildings.
 - [Click here to register...](#)
- ❖ **Childhood Trauma in Indian Country Webinar Series**
 - **December 18, 2013, 12:00pm MT, Honoring Children, Honoring the Future**
 - [Click here for more information and to register...](#)
 - The Childhood Trauma Series in Indian Country will provide information about stressors, trauma responses, and effective treatments for American Indian and Alaska Native children and youth as well as their parents and other family members. This series is being offered by the [Indian Country Child Trauma Center](#) at the University of Oklahoma Health Sciences Center and presented by Dolores Subia BigFoot, PhD.
- ❖ **NEW** **A Strategic Approach to Suicide Prevention in High Schools**
 - Sponsored by the [Suicide Prevention Resource Center](#)
 - Originally recorded on September 23, 2013, this webinar will provide an overview of the research on school-based suicide prevention programs and identify resources that can be helpful in developing and implementing your own program.
 - [Click here for more information...](#)
 - [Click here to watch the webinar...](#)

❖ **NEW Adolescent Trauma and Substance Abuse Online Course**

- Sponsored by the [National Child Traumatic Stress Network](#)
- This course is designed to provide training and materials for mental health clinicians, substance abuse treatment providers, parents, caregivers, and youth on the complexities of psychological trauma and co-occurring substance abuse and dependency.
- The course is comprised of the following training components:
 - A 90-minute interactive online training *Understanding Traumatic Stress and Substance Abuse Among Adolescents*
 - A one-hour lecture presentation by Robert Pynoos, MD entitled *Youth with Trauma Histories, PTSD, and Co-Occurring Substance Abuse*
 - A four-part Train-the-Trainer video series entitled *Trauma and Co-Occurring Disorders: Understanding and Working with Youth and Their Caregivers*
 - Product information on the NCTSN training toolkit entitled [Understanding the Links Between Adolescent Trauma and Substance Abuse: A Toolkit for Providers \(2nd Ed.\)](#)
- [Click here and scroll down for more information...](#)

OTHER COLORADO TRAININGS

❖ **NEW Be Red Cross Ready Preparedness Workshop**

- **December 2, 2013, 5:30pm – 6:30pm, 444 Sherman Street, Denver, CO 80203**
- **December 10, 2013, 6:00pm – 8:00pm, 1040 South 8th Street, Colorado Springs, CO 80905**
- Join us for this overview and learn how to prepare yourself, your household and your community to be ready for and resilient during disasters. This is a basic, entry-level overview of individual, household and community preparedness with a focus on Get a Kit, Make a Plan, Be Informed.
- [For more information...](#)
- [To register...](#)

❖ **ICS 400—Advanced Incident Command System**

- **December 7-8, 2013, 8:00am – 5:00pm, North Washington Fire Department, 8055 Washington Street, Denver, CO**
- This two-day course is designed to provide overall incident management skills rather than tactical expertise. Course goals are: to explain how major incidents have special management challenges; introduce major and/or complex incident/event management, describe the circumstances in which an Area Command is established; describe the circumstances in which multiagency coordination systems are established. Topics will also include unified command, area command and multi-agency coordination. A series of exercises build on the basic principles learned in ICS-100/200 and 300 culminating in a final exercise.
- ICS-400 level training is targeted for senior personnel who are expected to perform in a management capacity in an Area Command or multiagency coordination system. Command or Upper Level Management in the following disciplines: Fire Departments, Emergency Medical Services, Law Enforcement, Public Works, Public Safety Communications, Emergency Management, Public Health, Health Care, Government Officials and Hazardous Materials Tech.
- Required Prerequisites: ICS-100/700, ICS-200, IS-800 and ICS-300
- Registration for this course is through www.CO.Train.org, course ID 1006001 and select the North Washington Fire location. For questions on registration, please contact Crystal.Abeyta@denvergov.org or 720.865.7654.

❖ **NEW Denver Community Emergency Response Training (Denver CERT)**

- **January 9, 2014, 6:00pm – 9:00pm, and January 11, 2014, 8:00am – 5:30pm and January 18, 2014, 8:00am – 5:30pm, plus class exercise to be held in March 2014, Denver Police District #1, 1311 W. 46 Avenue, Denver**

- Sponsored by Denver's Office of Emergency Management and Homeland Security (OEMHS), Denver Police District #1, Denver Fire Department, Denver Amateur Radio Emergency Service (ARES) and the Colorado North Central Region.
- This emergency/disaster preparedness and response training (FEMA course IS317) will include how to plan for an emergency, and teach basic response skills such as fire safety, light search and rescue, team organization, and emergency/disaster medical operations.
- **You must attend all class sessions and the exercise in order to complete the course.**
- This training is open to anyone—up to 40 participants accepted.
- The training is provided at NO COST to participants.
- [Click here for more information and to register...](#)

❖ **NEW Building a Conflict Resistant Culture in Your School**

- **January 31, 2014, 8:00am – 4:00pm, Tesla Education Center, 2560 International Circle, Colorado Springs**
- Sponsored by [Pikes Peak Restorative Justice Council](#)
- Who should attend: Principals, Deans, Assistant Principals, Athletic Directors, school security staff, school counselors, School Resource Officers, district discipline and HR personnel.
- In this highly interactive workshop you and your team will learn: a Step by Step Process to Create a Restorative Culture, 10 Keys to Building and Rebuilding Trust, How to Build Conflict Competent Teams - Specific Strategies for Reducing Inter- and Intra-Departmental Conflict, The Role of the SRO in a Restorative Culture.
- Cost: \$45 individual registration, \$20 student registration
- [Click here for more information and to register...](#)

❖ **NEW Gang Awareness in Metro Denver**

- **January 31, 2014, 9:00am – 11:30am, Tivoli Student Union Room 320C, Auraria Campus, 900 Auraria Parkway, Denver**
- Presented by the Center for High Risk Youth Studies at Metropolitan State University, Providers for Youth Partnership
- This training is free and available to all Denver-Metro providers and students.
- Please RSVP to Annie Butler at 303-556-3105 or via E-mail to lbutler6@msudenver.edu.

❖ **NEW Safe Routes to School Winter Rally**

- **February 10, 2014, 8:00am – 10:30am, Downtown Denver**
- To be held during the [2014 Colorado Bicycle Summit](#)
- Learn about opportunities to influence bike and pedestrian policies and projects in Colorado, and leave with some practical steps you can take to educate and influence decision makers as well as your friends and neighbors. More information to come!

❖ **Applied Suicide Intervention Skills Training (ASIST)**

- **February 24-25, 2014, 8:30am – 4:00pm**
- **April 23-24, 2014, 8:30am – 4:00pm**
- **June 11-12, 2014, 8:30am – 4:00pm**
- All training held at the Douglas County Sheriff's Office, Highland's Ranch Substation, 9250 Zotos Drive, Highlands Ranch, CO
- Sponsored by the Douglas County Suicide Prevention Alliance (DCSPA)
- The ASIST training is a world-wide suicide intervention first aid training appropriate for all caregivers, formal or informal. This training is recognized as a Best Practices skills based training through the National Suicide Prevention Resource Center and is a training program used to train all volunteers through the National Suicide Prevention Lifeline (1-800-273-TALK).

- \$50 for community members, \$25 for DCSPA members
- Contact Renee Hoyt at 303-387-9500 or rmhoyt@dcsdk12.org for more information.

❖ **Colorado Emergency Management Conference**

- **February 25-27, 2014**
- For more information, please go to <http://www.cemacolorado.com/>

❖ **NEW Rocky Mountain Early Childhood Conference**

- **March 14-15, 2014**
- For more information, please go to <http://www.ecconference.com/>

❖ **NEW Colorado Advocacy in Action Conference**

- **June 2-4, 2014**
- For more information, please go to <http://www.coloradoadvocacy.org/>

CURRENT GRANT OPPORTUNITIES

❖ **2014 Safe Routes to School**

- **Applications are due by December 6, 2013**
- The [Colorado Department of Transportation \(CDOT\)](#) is accepting applications for 2014 Safe Routes to School (SRTS) funding. Awards for both non-infrastructure (education) and infrastructure (capital) projects are available.
- Eligible applicants include schools, school districts, cities, counties, tribal entity, and/or any other local or regional government entity. Non-profit organizations may apply by partnering with any of the above entities. This round of grants will be 100% federally funded (no local match required), so don't miss out!
- [Click here for more information and to apply...](#)

❖ **NEW Tony Grampsas Youth Services Program**

- **Applications are due via E-mail by December 18, 2013, at 4:00pm MT**
- Sponsored by the [Colorado Department of Human Services, Office of Children, Youth & Family Services](#)
- The Tony Grampsas Youth Services (TGYS) Program is a statutory program providing funding to local organizations that work with youth and their families through programs designed to prevent youth crime and violence, and child abuse and neglect. TGYS is defined and guided by Colorado Revised Statutes (C.R.S.) 26-6.8-101 through 106. Follow this link to read the statute and learn more about TGYS: [Colorado Revised Statutes](#).
- [Click here for more information and to apply...](#)

❖ **NEW Building Excellent Schools Today (BEST)**

- **Applications are due by January 31, 2014, at 4:00pm MT**
- Sponsored by the [Division of Public School Capital Construction Assistance](#) at the [Colorado Department of Education](#)
- The BEST Grant Application will be open from December 13, 2013 - January 31, 2014.
- Applicants are eligible to apply for: projects addressing health and safety issues; projects to relieve overcrowding; projects addressing technology; all other capital needs projects.
- The process and the application will be similar to the previous grant application. The focus of all grants this year will be smaller, cash grant type projects (i.e. roofs, boilers, HVAC, fire alarms/sprinklers, abatement, ADA, etc.).
- [Click here to view the grant cycle timeline...](#)

- [Click here to get started...](#)

❖ **Programs Serving At-Risk Children**

- **Applications are due by February 1, 2014**
- The [PeyBack Foundation](#) focuses on economically disadvantaged children and youth, with an emphasis on programs that directly benefit children through relationships and activities. Programs designed to enrich the lives of disadvantaged youth through activities conducted outside the typical school day are favored.
- Eligible applicants must be nonprofit 501(c)(3) organizations serving economically disadvantaged children between the ages of 6 and 18 in the Denver metro area.
- [Click here for more information and to apply...](#)

❖ **NEW Lowe's Toolbox for Education**

- **Applications are due by February 14, 2014, but applications close as soon as 1,500 are received.**
- Sponsored by [Lowe's](#)
- The program supports projects that encourage parental involvement in local schools and build stronger community spirit. Toolbox for Education grants of up to \$5,000 will be awarded in support of projects that have a permanent impact on a school community.
- To be eligible for a grant, applicants must be a public K-12 school or nonprofit parent group associated with such a school. Parent groups that are applying (PTO, PTA, etc.) must have an independent EIN and official 501(c)(3) tax-exempt status. Preschools are not eligible.
- [Click here for more information and to access the application...](#)

❖ **Lawrence Foundation Proposals for Environment, Education, Human Services and Disaster Relief Projects**

- **Applications are due by April 30, 2014**
- The [Lawrence Foundation](#) is focused on making grants to support environmental, human services and other causes although they may fund other areas on an occasional basis. There are both program and operating grants and there are no geographic restrictions on grants.
- Nonprofit organizations that qualify for public charity status under section 501(c)(3) of the Internal Revenue Code or public schools and libraries are eligible for contributions or grants.
- [Click here for more information and to apply...](#)

RESOURCES & INFORMATION

Statistical Resources

❖ **Colorado Teen Driving**

- Launched October 2013 by the Colorado Department of Transportation (CDOT) and Colorado Teen Driving Alliance (CTDA).
- Teens who say their parents set rules and monitor their driving behavior in a supportive way are 50 percent less likely to crash and 70 percent less likely to drive intoxicated.
- [Click here to access the Online Parent Course on Colorado's Graduated Driver Licensing Laws...](#)
- [Click here to access information for parents...](#)

❖ **Prevalence Rates of Male and Female Sexual Violence Perpetrators in a National Sample of Adolescents**

- Published 10/7/13 in [JAMA Pediatrics](#), of the American Medical Association.
- Nearly 1 in 10 youths (9%) reported some type of sexual violence perpetration in their lifetime; 4% (10 females and 39 males) reported attempted or completed rape.

- [Forced Sexual Contact Common among Teens, Study Suggests](#), published 10/7/13 on [NBCnews.com](#), summarizes the journal article.
- [Click here to access the abstract...](#)

Prevention Resources

❖ **NEW Marijuana: Facts for Teens**

- The [U.S. Department of Health and Human Services](#), [National Institutes of Health](#)'s, [National Institute on Drug Abuse \(NIDA\)](#) has revised and redesigned the "Marijuana: Facts for Teens" booklet which is now available online and soon will be available in hard copy. NIDA has updated it to include more current topics, such as medical marijuana and the IQ study information.
- [Click here for more information...](#)

❖ **NEW National Highway Traffic Safety Administration**

- The [Child Pedestrian Safety Curriculum](#) teaches and encourages pedestrian safety for students grades Kindergarten through 5th Grade. It is organized into five lessons: walking near traffic, crossing streets, crossing intersections, parking lot safety, and school bus safety. Each lesson builds upon the previous set of skills learned.
- The [Everyone is a Pedestrian](#) campaign is intended to help improve pedestrian safety.
- The [Pedestrian Safer Journey](#) helps educators, parents and others who care about pedestrian safety to get the conversation started with children and youth. Three videos — one for each of three age groups — accompanied by a quiz or discussion and an educator's resource library, can be used as an introduction to pedestrian safety skills or to augment a comprehensive curriculum.

❖ **NEW Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Centers**

- The [U.S. Department of Health and Human Services](#), [Centers for Disease Control and Prevention \(CDC\)](#) has published [Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Centers](#) to support implementation of food allergy management and prevention plans and practices for children and youth in these settings.
- The guidelines, a result of the [FDA Food Safety Modernization Act](#), include specific recommended actions for school board members, administrators, and staff at the district level; administrators and staff in schools; and administrators and staff in ECE programs are also included.
- [Click here for more information on food allergies in school...](#)

❖ **Adolescent Intimate Partner Violence Shows Some Impact on Women's Educational Attainment and Earnings**

- Intimate partner violence (IPV) is a serious, widespread problem that negatively affects women's lives, including their economic status. A recent study explored whether the financial harm associated with IPV begins as early as adolescence. They found that women who had been victimized by a partner during adolescence obtained less education compared with non-victimized women, with victimization indirectly influencing women's earnings via educational attainment.
- [Click here for more information on the study...](#)

❖ **Dating Violence Experiences of Lesbian, Gay, Bisexual and Transgender Youth**

- Published by the [Urban Institute](#)
- Media attention and the literature on lesbian, gay, and bisexual youth overwhelmingly focus on violence involving hate crimes and bullying, while ignoring the fact that vulnerable youth also may be at increased risk of violence in their dating relationships. In this study, researchers examine physical, psychological, sexual,

and cyber dating violence experiences among lesbian, gay, and bisexual youth-as compared to those of heterosexual youth, and explore variations in the likelihood of help-seeking behavior and the presence of particular risk factors among both types of dating violence victims.

- [Click here for more information and to read the study...](#)

❖ **National Sports Concussion Coalition**

- Sports organizations and health professionals have joined together to make sure the fear of concussions doesn't deter kids from deriving immeasurable health benefits of an active lifestyle.
- [Click here for more information on the coalition...](#)
- [Click here to for an article on youth sports organizations joining together in new concussion coalition...](#)

❖ **U.S. Department of Education Teen Dating Violence Prevention Resources**

- The Office of Safe and Healthy Students just developed and released a fact sheet on teen dating violence, [Teen Dating Violence - A Fact Sheet for Schools](#)
- The US DOE's [National Center on Safe Supportive Learning Environments](#) released a training module – [Get Smart, Get Help, Get Safe](#) – to help school nurses, school counselors and school psychologists identify and respond appropriately to signs of abuse.

Preparedness Resources

❖ **NEW Anaphylaxis and Schools: Developing Policies for Treating Students with Severe Allergic Reactions**

- Published November 2013 by the [National Association of State Boards of Education \(NASBE\)](#)
- This guide is designed to help state boards explore anaphylaxis and epinephrine policies.
- [Click here to access the guide...](#)

❖ **NEW Children and Youth Task Force in Disasters: Guidelines for Development**

- Published by the [US Department of Health and Human Services \(HHS\)](#), [Administration for Children and Families \(ACF\)](#)
- Published September 2013, this guide introduces Whole Community partners to Children and Youth Task Forces in Disasters and includes recommendations for states, tribes, territories, and local communities interested in launching their own Children and Youth Task Forces.
- Developed using vital lessons learned in meeting the needs of children and youth in recent disasters such as Superstorm Sandy, Hurricane Isaac and the Joplin tornado.
- [Click here to access the document...](#)

❖ **NEW College Students and Synthetic Drugs**

- Source: [Center for Substance Abuse Research \(CESAR\)](#) with additional information from [Monitoring the Future's National Survey Results on Drug Use](#)
- Young adults not in college are more than twice as likely to report using synthetic cannabinoids or synthetic cathinones than those attending college full time, according to the most recent data from the national Monitoring the Future survey.
- [Click here for more information...](#)

❖ **A Message from the Red Cross: Don't Wait for the Next Disaster: Prepare Now**

- There is no better time than now to take specific, simple steps to improve your state of preparedness. Get trained. Download lifesaving apps. Get involved.
- Get Trained: ["RED CROSS READY"](#) The Red Cross conducts different programs to help people be prepared.

- The [“Ready When the Time Comes”](#) program trains employees from corporations and mobilizes them as a community-based volunteer force when disaster strikes.
- The [Ready Rating™](#) program and [First Aid Emergency Drills](#) help businesses, schools and other organizations better prepare for emergencies.
- [“Be Red Cross Ready”](#) is a basic, entry-level overview of individual, household and community preparedness with a focus on **Get a Kit, Make a Plan, Be Informed**. We offer this course at least once a month in various sites. [Click here to find the next course or to sign up...](#)
- **Download Helpful Apps:** You can download [free Red Cross apps](#) to put great preparedness and disaster information at your fingertips. Apps currently available include first aid and shelter finder apps, as well as apps that give real-time information on what to do before, during and after a wildfire, tornado or flood. The Red Cross Apps can be found in the [Apple App Store](#) and the [Google Play Store](#) for Android by searching for American Red Cross.
- **Get Involved:** It takes every member of a community to build resilience; resilience is a safety net, woven from the varied strands of individuals, neighborhoods, businesses, organizations and groups. We hope you’ll take a few moments this week to act now, so that your Colorado community is stronger and more prepared for the next disaster that might strike.

❖ **Sharing Ideas & Resources to Keep Our Nation's Schools Safe!**

- Published by the [National Law Enforcement and Corrections Technology Center \(NLECTC\)](#), a program of the [National Institute of Justice \(NIJ\)](#).
- This report examines new products and apps to gauge and prevent potential school crises. The report also identifies new uses for familiar, standard-bearing technologies in school settings and highlights successful safety programs in urban and rural schools nationwide.
- [Click here to read the report...](#)

Recovery Resources

❖ **NEW Psychological First Aid Mobile App**

- Developed by the [US Department of Veterans Affairs](#)
- Now available for Android devices, the PFA Mobile™ App can assist responders who provide Psychological First Aid (PFA) to adults, families, and children following disasters or emergencies.
- Adapted from the Psychological First Aid Field Operations Guide (2nd Edition), PFA Mobile™ allows responders to review the 8 core PFA actions, match PFA interventions to specific stress reactions of survivors, hear mentor tips for applying PFA in the field, self-assess to determine readiness to conduct PFA, assess and track survivors’ needs, collect data, and make referrals.
- [Click here to access the Google Play Store to download the app for Android devices...](#)
- [Click here to access the Apple App Store to download the app for Apple devices...](#)

❖ **Returning to Learning Following a Concussion**

- Published in [Pediatrics](#), the journal of the American Academy of Pediatrics, October 27, 2013
- Unfortunately, because most children and adolescents look physically normal after a concussion, school officials often fail to recognize the need for academic or environmental adjustments. Appropriate guidance and recommendations from the pediatrician may ease the transition back to the school environment and facilitate the recovery of the child or adolescent. This report serves to provide a better understanding of possible factors that may contribute to difficulties in a school environment after a concussion and serves as a framework for the medical home, the educational home, and the family home to guide the student to a successful and safe return to learning.
- [Click here to read the study...](#)

Other Resources & Information

❖ Colorado Healthy School Champions Score Card

- The Score Card is available through January 17, 2014.
- The score card is a voluntary program assessment tool and recognition program used to assess and showcase coordinated school health efforts and accomplishments.
- This year's tool has been updated and is easier to use, with quick access to rubrics, resources, worksheets and a glossary and guidelines for writing success stories.
- [Click here for more information and to access the Score Card...](#)

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow [@CoSSRC](#) on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



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THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide ***no-cost consultation, resources, training and technical assistance*** that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435.**



Thank you for supporting safe and positive schools in Colorado!

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